



## What to expect on your first volunteer shift

### Check In:

- Please arrive about 10 minutes before the shift start time
- Park and look for the Volunteer Check-in area, likely labeled on a pop-up tent's canopy
- If you have not already signed a waiver, you will be asked to do so. You can also download the waiver (found on the volunteer resources webpage) and bring a signed copy with you. Volunteers under 18 will need a parent/guardian signature.

### What to wear/bring:

- You will be given a volunteer t-shirt to wear during the shift. Please wear comfortable pants, shorts, or capris, and close-toe shoes.
- We recommend bringing sun protection, a water bottle, and a snack.

Once checked in, you will be assigned a task and trained on any necessary knowledge. No prior experience is required!

- Have fun, cheer on the athletes, and be sure to stay hydrated!
- If you need a record of volunteer hours given, please contact the Volunteer Engagement Coordinator at [Heather@SpecialOlympicsArizona.org](mailto:Heather@SpecialOlympicsArizona.org)