



## Soccer Skills Assessment for Individuals

Name: \_\_\_\_\_  
Jersey Number: \_\_\_\_\_  
Team Name: \_\_\_\_\_  
Check One:            Athlete                      Partner

Delegation: \_\_\_\_\_  
Coach's Name: \_\_\_\_\_  
Evaluator's Name: \_\_\_\_\_  
Date of Evaluation:    /    / \_\_\_\_\_

### Instructions:

- 1) Complete one Soccer Individual Assessment Form for each player on the team.
- 2) Enter the total score for each player into the Soccer Team Entry Form

### Individual Assessment for Team Play

#### A. Dribbling

Number of cones passed by the player over 12 meters while dribbling the ball for one minute. Cones are placed 2 meters apart. (5 points for each cone passed)

Score:

#### B. Control and Pass

Number of passes through a target gate in one minute (10 points for each successful pass through a target gate)

Score:

#### C. Shooting

Number of shots on goal in one minute (10 points for each shot that goes from foot to goal in the air; 5 points for each shot that touches the ground before entering the goal)

Score:

**TOTAL SCORE:**

Information on how to complete each section above can be found in the Special Olympics Football (Soccer) rules found at:  
<http://www.specialolympics.org/football.aspx>.

Special Olympics Arizona does not need a copy of this form for each player. This is a tool to assist coaches in the rating process.