



Virtual Summer Games

TRACK

25M Run	1500M Run
50M Run	10M Assisted Walk
100M Run	10M Non-Motorized Wheelchair
100M Walk	25M Motorized Wheelchair (no slalom)
400M Run	4x1 Traditional/Unified Relay**
400M Walk	

FIELD

Softball Throw
Tennis Ball Throw <i>(Maximum throw of 9M allowed)</i>
Running Long Jump + Unified**
Standing Long Jump + Unified

POWERLIFTING

Bench Press
Deadlift

only Unified high schools should register for these events